



King County

PROCLAMATION

WHEREAS, there are over 40 different farmers markets and over 200 retail grocery outlets and restaurants throughout King, Pierce and Snohomish counties which have committed to supporting local farms by selling and serving local produce when it is in season, and

WHEREAS, farms are critical to the quality of life we cherish in this region through stewardship of the land and sustainable agriculture; and

WHEREAS, farmers markets, retail grocery outlets and restaurants offer a wonderful link between urban areas and our region's farms and farm products; and

WHEREAS, children and adults are encouraged to consume fruits and vegetables every day for a healthy diet; and


WHEREAS, access to local agricultural products is an important way to support our regional farms as well as promoting healthy lifestyles; and

WHEREAS, our primary local harvest season is now in its most abundant period;

NOW, THEREFORE, I, Ron Sims, King County Executive do hereby proclaim the week of August 13-20, 2005 as

Get Fresh Week

in King County and remind all residents that **"the Time is Ripe to Eat Local."** I further encourage every citizen to make an extra effort to celebrate the many benefits of Puget Sound Fresh foods that are grown and harvested in the twelve counties of the Puget Sound region.


Ron Sims
King County Executive